

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Morning Exercise 1 10:30 Coffee & Discussion 11:00 Mummers Parade 11:30 Bowling 2:30 New Year's Trivia 3:00 Good Luck Cookies 4:00 Chit, Chat, & Chew 6:30 Classic Movie 7:30 Snack <small>New Year's Day</small>	10:00 Morning Stretch 2 10:30 Coffee Discussion 11:00 Music Trivia 11:30 Ball Toss 2:30 Word Games 3:00 Afternoon Stretch 3:30 Winter Art 6:30 Classic Movie 7:30 Snack	10:00 Morning Stretch 3 10:30 Coffee & Discussion 11:00 Reminiscing 11:30 Ball Toss 2:30 Name that tune 3:00 Classic Movie & Popcorn 6:30 Classic Movie 7:30 Snack	10:00 Morning stretch 4 11:00 Current Events 2:30 Baking Cookies 3:00 Bingo 4:00 Trivia/Snack 6:30 Classic Movie 7:30 Snack	10:00 Morning Stretch 5 10:30 Current Events 11:00 Scenic Trip 2:00 Happy Hour-6th 3:00 Karaoke-6th 6:30 Classic Movie 7:30 Snack	10:00 Morning Stretch 6 10:30 Coffee Social 11:00 Table Ball 2:30 Bingo 3:30 Aromatherapy & Classic Tunes 6:30 Classic Movie 7:30 Snack
10:00 Classic Tunes 7 10:30 Coffee Social 11:30 Picture Trivia 2:30 Down Memory Lane 3:30 Afternoon Bowling 6:30 Classic Movie 7:30 Snack	"Elvis Birthday" 8 10:00 Morning Stretch 10:30 Remembering Elvis 11:00 Coffee & Discussion 11:30 Ball Toss 2:00 Sing A Long Lobby 2:30 Elvis movie & Snack 6:30 Classic Movie 7:30 Snack	10:00 Morning Stretch 9 10:30 Watercolor 11:00 Coffee & Discussion 2:30 Roll the dice break the ice 3:30 Name that tune 6:30 Classic Movie 7:30 Snack	10:00 Morning Stretch 10 10:30 Name that tune 11:00 Coffee & Discussion 11:30 Ball Toss 2:30 Movie trivia 3:00 Afternoon Snack 3:30 Classic Tv Show 6:30 Classic Movie 7:30 Snack	10:00 Morning Stretch 11 10:30 Reminiscing 11:00 Coffee & discussion 11:30 Ball Toss 2:30 Baking Cookies 3:30 Picture Trivia/Snack 6:30 Classic Movie 7:30 Snack	10:00 Morning Stretch 12 10:30 Current Events 11:00 Scenic Drive 2:00 Happy hour w/Tonya Milbur-6th 6:30 Classic Movie 7:30 Snack	10:00 Classic Tunes 13 10:30 Coffee Social 11:00 January Word Games 2:30 Bingo 3:30 January Craft/Snack 6:30 Classic Movie 7:30 Snack
10:00 Classic Tunes 14 10:30 Coffee Social 11:30 Noodle Ball 2:30 Snowman Craft 3:30 Winter Scavenger Hunt/Snack 6:30 Classic Movie 7:30 Snack	10:00 Morning Stretch 15 10:30 MLK Trivia 11:00 Coffee & Discussion 1:30 Bowling 2:00 Sing A Long-Lobby 2:30 Martin Luther King Film/Snack 4:00 Afternoon Stretch <small>Martin Luther King Jr. Day</small>	10:00 Morning Stretch 16 10:30 Name that tune 11:00 Coffee & Discussion 11:30 Painting to Music 2:30 Table Ball & Tunes 3:30 Music Trivia/Snack 6:30 Classic Movie 7:30 Snack	10:00 Morning Stretch 17 Happy Birthday; James Earl Jones program 11:00 Coffee & Discussion 11:30 Ball Toss 2:30 The Beatles greatest hits 3:30 Chit, Chat & Chew 6:30 Classic Movie 7:30 Snack	10:00 Morning Stretch 18 10:30 Sing & Sway with Danny Kaye 11:00 Coffee & Discussion 11:30 Bowling 2:30 Baking Cookies 3:30 "A Song is born" movie & snacks 6:30 Classic Movie 7:30 Snack	10:00 Morning Stretch 19 10:30 Current Events 11:00 Scenic Drive 2:00 Happy Hour-6th 3:00 Karaoke-6th 6:30 Classic Movie 7:30 Snack	10:00 Classic Tunes 20 10:30 Coffee Social 11:00 Music Playlist 2:30 "It happened in January" 3:30 Aromatherapy & Hand Massages /Snack 6:30 Classic Movie 7:30 Snack
10:00 Classic Tunes 21 10:30 Coffee Social 11:00 Coffee & Discussion 2:30 Finish the lyrics 3:30 Afternoon Snack 6:30 Classic Movie 7:30 Snack <small>Activity Professionals Week</small>	10:00 Morning Stretch 22 10:30 Time Travel "Historic Philadelphia" 11:00 Coffee Discussion 11:30 Ball Toss 2:30 Sing A Long-Lobby 3:00 Music, Manicures, and Hand Massages/Snack 4:00 Music Trivia	23 10:00 Stretching to oldies. 11:00 Funny Jokes 11:00 Coffee & Discussion 11:30 Bowling 2:30 Bingo 3:30 Movie-Lobby/Snack 6:30 Classic Movie 7:30 Snack	10:00 Dancing to music 24 10:30 Coffee & Discussion 11:00 Arts & Craft 11:30 Classic Tv show. 3:30 Funny Jokes/Snack 4:00 Reminiscing 6:30 Classic Movie 7:30 Snack <small>Tu B'Shevat Begins</small>	25 10:00 Morning Stretch 10:30 Homemade Sauce 11:30 Name that tune 2:30 TV Trivia 3:30 Movie-Lobby/Snack 6:30 Classic Movie 7:30 Snack	10:00 Morning Stretch 26 10:30 Current Events 11:00 Scenic Drive 2:00 Monthly Birthday Party w/Jackie Gibson-6th 6:30 Classic Movie 7:30 Snack <small>Australia Day (Observed)</small>	10:00 Classic Tunes 27 10:30 Coffee Social 11:00 Noodle Ball 2:30 Brain Games 3:30 Coloring to tunes/Snack 6:30 Classic Movie 7:30 Snack
10:00 Music Appreciation 28 10:30 Coffee Social 11:00 Coffee & Discussion 2:30 Let's create a memory box 3:30 Music & Instruments 6:30 Classic Movie 7:30 Snack	10:00 Stretching to oldies 29 10:30 Picture Trivia 11:00 Coffee & Discussion 11:30 Ball Toss 2:30 Sing A Long-Lobby 3:30 Afternoon Snack 6:30 Classic Movie 7:30 Snack	10:00 Morning Stretch 30 10:30 Fun Facts 11:00 Coffee & Discussion 11:30 Ball Toss 2:30 Bingo 3:30 Afternoon Snack 6:30 Classic Movie 7:30 Snack	10:00 Stretching to oldies 31 10:30 Word Games 11:00 Coffee & Discussion 11:30 Ball Toss 2:30 Bingo 3:30 Afternoon Snack 6:30 Classic Movie 7:30 Snack	<h1>January 2024</h1> <h2>Memory Care Activity Calendar</h2>		