

March 2023

Assisted Living Activities



		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morningside House of Friendship 7548 Old Telegraph Road Hanover, MD 21076 (410)863-0830 www.mhseniorliving.com</p> <p>Location Keys</p> <p>AL Living Room AL Dining Room D Ground Floor G Living Room L Man Cave MC Private Dining Room PDR Sun Porch SP</p> <p><i>Get involved! Meet a friend! Stretch your body and your mind!</i></p> <p>Please check daily activity posting for updates to the calendar.</p>								
		<p>10:00 Build A Band Scavenger Hunt 5</p> <p>10:30 Puzzle Challenge [L]</p> <p>1:00 DIY Craft Corner [SP]</p> <p>2:30 Ice Cream Sandwiches [L]</p> <p>5:30 Evening News [L]</p> <p>6:00 Card Games [MC]</p>	<p>10:15 Calendar Committee 6</p> <p>1:30 Rosary with Judy [MC]</p> <p>2:30 BINGO [D]</p> <p>3:45 Exercise with Gloria [AL]</p> <p>6:00 Bible Study w/ Carol [PDR]</p>	<p>National Cereal Day 7</p> <p>9:00 Coffee Club: First Watch</p> <p>10:00 DIY: All Sevens Puzzle Challenge [L]</p> <p>1:00 *New Game* Ball Sweep [L]</p> <p>2:00 Rice Krispy Treats [L]</p> <p>2:15 Cereals of the '60s Challenge [L]</p> <p>3:30 Volleyball [L]</p> <p>5:30 Evening News [L]</p>	<p>International Women's Day 8</p> <p>10:00 Hair Salon Opens</p> <p>10:00 Notable Women Trivia [L]</p> <p>10:30 Team Tic Tac Toe [L]</p> <p>1:00 DIY: Historical Women Puzzle [L]</p> <p>2:00 Sip & Paint [D]</p> <p>5:30 BINGO NIGHT! [L]</p>	<p>9:30 Virtual Church Service [L] 9</p> <p>10:15 Word Ladders with Bri [L]</p> <p>10:30 Wheel of Fortune [L]</p> <p>1:00 Shopping Outing: Rose's Discount Store</p> <p>3:45 Exercise with Gloria [AL]</p>	<p>10:00 Game Shows [L] 3</p> <p>10:30 Baking with Heidi: Pound Cake [G]</p> <p>1:30 *New Game* Table Hockey! [L]</p> <p>2:30 Pound Cake Sampling [L]</p> <p>3:00 Bingo [L]</p> <p>5:30 Card Games [MC]</p>	<p>Marching Music Day 4</p> <p>10:00 Build A Band Scavenger Hunt</p> <p>10:30 Mixed Up Marching Band Puzzle: Double Bingo Bucks! [SP]</p> <p>1:30 Matinee Movie: The Music Man [L]</p> <p>6:00 Card Games [MC]</p>
		<p>Daylight Saving Time Begins 12</p> <p>Leprachauns on the Loose!</p> <p>10:00 Who Am I? [L]</p> <p>10:30 Drumming for Fitness [L]</p> <p>1:00 Aromatherapy & Hand Massage [L]</p> <p>2:00 Milkshakes with Heidi: Shamrock Shakes! [L]</p> <p>2:30 Tribond [L]</p> <p>5:30 Evening News [L]</p> <p>6:00 Card Games [MC]</p> <p>8:00 95th Academy Awards (ABC)</p>	<p>Leprachauns on the Loose! 13</p> <p>10:15 Jeopardy! [L]</p> <p>1:30 Bayada Health Talk [L]</p> <p>2:30 Bingo [D]</p> <p>3:45 Exercise with Gloria [AL]</p> <p>6:00 Bible Study w/ Carol [PDR]</p>	<p>Candlelight Dinner 14</p> <p>Leprachauns on the Loose!</p> <p>March Madness Begins</p> <p>9:00 Coffee Club: Panera</p> <p>10:00 March Madness Puzzle Challenge for EXTRA Bingo Bucks! [L]</p> <p>1:00 Let's Make a Deal- Pi Day Version! [L]</p> <p>2:30 Celtic Music with Wayne Francis [AL]</p> <p>4:30 Candlelight Dinner [D]</p> <p>5:30 Evening News [L]</p>	<p>Leprachauns on the Loose! 15</p> <p>10:00 Hair Salon Opens</p> <p>10:00 Truth or Blarney? [L]</p> <p>10:30 Ball Toss Q&A [L]</p> <p>1:00 Resident Council [L]</p> <p>1:30 Bartender Challenge! [L]</p> <p>2:30 Bingo [D]</p> <p>3:45 Zumba with Lisa! [AL]</p> <p>5:30 Evening News [L]</p>	<p>Leprachauns on the Loose! 16</p> <p>9:30 Virtual Church Service [L]</p> <p>10:15 Trivia Challenge [L]</p> <p>10:30 Wheel of Fortune [L]</p> <p>2:00 St. Paddy's Celebration with Mr. Charisma! [D]</p> <p>3:45 Exercise with Gloria [AL]</p>	<p>Leprachauns on the Loose! 17</p> <p>St. Patrick's Day</p> <p>10:00 St. Patrick's Day Discussion [L]</p> <p>10:45 What's Your Leprechaun Name? [L]</p> <p>1:00 What Am I? [L]</p> <p>1:30 Rosary with Judy [MC]</p> <p>1:30 Wii Bowling [L]</p> <p>3:00 St. Paddy's Happy Hour with Greg! [AL]</p> <p>5:30 Card Games [MC]</p>	<p>10:00 Concentration [L]</p> <p>10:45 Higher or Lower [L]</p> <p>1:30 Cornerstone Full Gospel Service [L]</p> <p>2:00 Bingo [D]</p> <p>6:00 Card Games [MC]</p>
		<p>10:00 Hangman [L] 19</p> <p>10:30 March Trivia [L]</p> <p>1:30 Ice Cream Social [L]</p> <p>2:30 Glen Burnie United Methodist [AL]</p> <p>3:45 Dart Toss for Bingo Bucks [L]</p> <p>5:30 Evening News [L]</p> <p>6:00 Card Games [MC]</p>	<p>First Day of Spring 20</p> <p>10:00 Name 5 Things [L]</p> <p>10:30 Team Tic Tac Toe [L]</p> <p>1:00 Hand Massage [L]</p> <p>1:30 Rosary with Judy [MC]</p> <p>2:30 BINGO [D]</p> <p>3:45 Exercise with Gloria [AL]</p> <p>6:00 Bible Study w/ Carol [PDR]</p>	<p>10:00 Blackjack for Bingo Bucks [L] 21</p> <p>10:30 Table Talk with Mollie [L]</p> <p>1:30 Wheel of Fortune [L]</p> <p>2:30 Rootbeer Floats [L]</p> <p>3:30 Noodle Ball [L]</p> <p>5:30 Evening News [L]</p>	<p>10:00 Hair Salon Opens 22</p> <p>10:00 Mystery Box Challenge [L]</p> <p>10:30 *New Game* Scatch [L]</p> <p>1:00 Cape Codder Cocktail & Word Unscramble [L]</p> <p>2:30 Bingo [D]</p> <p>5:30 Evening News [L]</p>	<p>9:30 Virtual Church Service [L] 23</p> <p>10:15 Brain Challenge with Bri [L]</p> <p>11:00 Lunch Outing: Crabtowne USA</p> <p>2:30 Toss-A-Tune [L]</p> <p>3:45 Exercise with Gloria [AL]</p>	<p>10:00 Yahtzee! [L] 24</p> <p>1:00 Wii Bowling [L]</p> <p>1:15 Beading: Spring Necklace [SP]</p> <p>3:30 Password [L]</p> <p>5:30 Card Games [MC]</p>	<p>9:30 Graceland Day: Virtual Tour of Graceland [L] 25</p> <p>10:00 Breaking Holy Ground Service [AL]</p> <p>1:00 Price is Right [L]</p> <p>2:30 Bingo [D]</p> <p>3:45 Elvis IQ [L]</p> <p>6:00 Card Games [MC]</p>
<p>10:00 Baking with Bri: Vanilla Pudding Rainbow Cookies [G] 26</p> <p>1:00 Train of Thought [L]</p> <p>2:30 Cornhole Challenge [L]</p> <p>3:30 Pictionary [L]</p> <p>5:30 Evening News [L]</p> <p>6:00 Card Games [MC]</p>	<p>10:00 Word Games [L] 27</p> <p>10:30 Scattergories [L]</p> <p>1:30 Rosary with Judy [MC]</p> <p>2:30 Bingo [D]</p> <p>3:45 Exercise with Gloria [AL]</p> <p>6:00 Bible Study w/ Carol [PDR]</p>	<p>9:00 Coffee Club: The Breakfast Shoppe 28</p> <p>1:00 At the Races [L]</p> <p>2:00 Scrabble [L]</p> <p>3:30 Name That Tune [L]</p> <p>5:30 Evening News [L]</p>	<p>10:00 Easter Craft [SP] 29</p> <p>10:00 Hair Salon Opens</p> <p>1:30 Free Rice Challenge! [L]</p> <p>2:30 Bingo [D]</p> <p>3:45 Zumba with Lisa! [AL]</p> <p>5:30 Evening News [L]</p>	<p>Orioles Season Begins 30</p> <p>9:30 Virtual Church Service [L]</p> <p>10:15 Brain Challenge with Bri [L]</p> <p>10:30 Wheel of Fortune [L]</p> <p>TBD Outing TBD</p> <p>2:10 Orioles @ Red Sox</p> <p>3:45 Exercise with Gloria [AL]</p>	<p>10:00 Bingo [L] 31</p> <p>1:00 Table Hockey [L]</p> <p>2:00 Jeopardy! [L]</p> <p>3:00 Entertainment with Don Bellew! [AL]</p> <p>5:30 Card Games [MC]</p>			