

November 2023

Morningside House of Leesburg

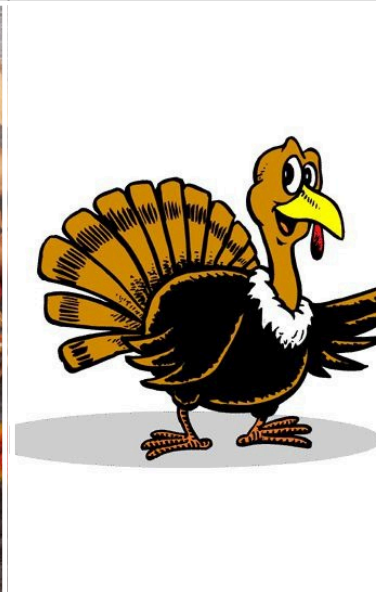


Sunday Monday Tuesday Wednesday Thursday Friday Saturday

♥ Emotional
✚ Intellectual
♣ Other
⊗ Physical
🚩 Purposeful
🐾 Social
🦋 Spiritual

Location Keys

Ground Floor GF
 Lobby L
 Second Floor 2F
 Second Floor Lobby 2FL
 Third Floor 3F
 Third Floor Club Room 3CR



9:00 ✚ Daily News & Views [2FL] **1**
 9:30 ♥ Chronicle Distribution [L]
 9:30 🚩 Outing: Giant Shopping Trip \$
 11:00 ⊗ Sit and B Fit [3CR]
 1:15 🚩 Thrift Store Wednesday \$
 3:15 🚩 Pet Therapy with Max [L]
 5:00 ♣ Local News @ 5 [2FL]

9:00 ✚ Daily News & Views [2FL] **2**
 9:30 ♥ Chronicle Distribution [L]
 11:00 ⊗ Sit and B Fit [3CR]
 1:15 🚩 Life Enrichment Station [2FL]
 2:15 🐾 The Best Hour is Happy Hour! [L]
 3:15 ⊗ Apple Toss (Weather Permitting)
 5:00 ♣ Local News@ 5 [2FL]
 6:00 🐾 Bingo with Lauren [3CR]

9:00 ✚ Daily News & Views [2FL] **3**
 9:30 🦋 Catholic Communion [3F]
 9:30 ♥ Chronicle Distribution [L]
 11:00 ⊗ Sit and B Fit [3CR]
 1:15 🐾 Bingo with Julia [3CR]
 2:15 🚩 Bingo Prize Cart [3CR]
 3:15 🐾 Pass the Turkey Game [L]
 5:00 ♣ Local News @ 5 [2FL]

9:00 ✚ Daily News & Views [2FL] **4**
 9:30 ♥ Chronicle Distribution [L]
 12:30 ⊗ Saturday Stretches [3CR]
 1:15 🚩 Be.You.tiful Nails [3CR]
 2:15 🐾 Bingo [3CR]
 3:15 ⊗ Bowling [3CR]
 5:30 🐾 Saturday Night Movie [2FL]

Daylight Saving Time Begins 5
 9:00 ✚ Daily News & Views [2FL]
 9:30 ♥ Chronicle Distribution [L]
 10:30 🦋 Prayer and Worship With Andre [2F]
 12:30 ⊗ Sunday Stretches [3CR]
 1:15 🚩 Be.You.tiful Nails [3CR]
 2:15 🐾 Bingo [3CR]
 3:15 ⊗ Bowling [GF]
 5:30 🐾 Sunday Night Movie [2FL]

6
 9:00 ✚ Daily News & Views [2FL]
 9:30 ♥ Chronicle Distribution [L]
 10:00 🐾 Hot Coco & Cookies/ Weekly Scheduled Highlight [L]
 10:45 ✚ Last Letter First Word Game [L]
 11:00 ⊗ Sit and B Fit [3CR]
 1:15 ♥ Musical Entertainment with Jeff [GF]
 2:15 🚩 Craft: Inspirational Thanksgiving Wreath Craft [3CR]
 3:15 ⊗ Volleyball with Julia [GF]
 6:00 🐾 Bingo with Emily [3CR]

Election Day 7
 9:00 ✚ Daily News & Views [2FL]
 9:30 ♥ Chronicle Distribution [L]
 10:30 ✚ Scattegories [3CR]
 11:00 ⊗ Sit and B Fit [3CR]
 1:15 🚩 Craft: Thanksgiving Turkey Pot Craft [3CR]
 2:15 🚩 Fall Decorating [3CR]
 3:15 🐾 Bingo with Julia [3CR]
 5:00 ♣ Local News @ 5 [2FL]

8
 9:00 ✚ Daily News & Views [2FL]
 9:30 ♥ Chronicle Distribution [L]
 9:30 🚩 Outing: Giant Shopping Trip \$
 11:00 ⊗ Sit and B Fit [3CR]
 1:30 🚩 Cycling Without Age
 2:30 ✚ Thanksgiving Trivia [L]
 3:15 🐾 Sip & Paint [3CR]
 5:00 ♣ Local News @ 5 [2FL]

9
 9:00 ✚ Daily News & Views [2FL]
 9:30 ♥ Chronicle Distribution [L]
 10:30 ✚ Word in a Word Game [3CR]
 11:00 ⊗ Sit and B Fit [3CR]
 1:15 🚩 Life Enrichment Station [2FL]
 2:15 🐾 The Best Hour is Happy Hour! [L]
 3:15 ⊗ Volleyball with Julia [GF]
 5:00 ♣ Local News @ 5 [2FL]
 6:00 🐾 Bingo with Lauren [3CR]

10
 9:00 ✚ Daily News & Views [2FL]
 9:30 🦋 Catholic Communion [3F]
 9:30 ♥ Chronicle Distribution [L]
 10:00 🚩 Library Visit - Come check out some books! [GF]
 11:00 ⊗ Sit and B Fit [3CR]
 1:00 🐾 Bingo with Julia [3CR]
 2:00 🦋 Shabbat Spirit with Rabi Zayma [3CR]
 3:15 🚩 Decorate Thanksgiving Paper Table Cloth [3CR]
 5:00 ♣ Local News @5 [2FL]

Veterans Day 11
 9:00 ✚ Daily News & Views [2FL]
 9:30 ♥ Chronicle Distribution [L]
 12:30 ⊗ Saturday Stretches [3CR]
 1:15 🚩 Be.You.tiful Nails [3CR]
 2:15 🐾 Bingo [3CR]
 3:15 ⊗ Bowling [GF]
 5:30 🐾 Saturday Night Movie [2FL]

12
 9:00 ✚ Daily News & Views [2FL]
 9:30 ♥ Chronicle Distribution [L]
 10:30 🦋 Prayer and Worship With Andre [2FL]
 12:30 ⊗ Sunday Stretches [3CR]
 1:15 🚩 Be.You.tiful Nails [3CR]
 2:15 🐾 Bingo [3CR]
 5:30 🐾 Sunday Night Movie [2FL]

13
 9:00 ✚ Daily News & Views [2FL]
 9:30 ♥ Chronicle Distribution [L]
 10:00 🐾 Hot Coco & Cookies/ Weekly Scheduled Highlight [L]
 10:45 ✚ Last Letter First Word Game [L]
 11:00 ⊗ Sit and B Fit [L]
 1:15 ♣ Homemade Pumpkin Spice Lattes [3CR]
 2:15 ⊗ Volleyball with Julia [GF]
 3:15 🐾 Monday Movie Matinee [2FL]
 6:00 🐾 Bingo with Emily [3CR]

14
 9:00 ✚ Daily News & Views [2FL]
 9:30 ♥ Chronicle Distribution [L]
 10:00 🦋 Bible Study with Danielle [3CR]
 10:30 ✚ Scattegories [3CR]
 11:00 ⊗ Sit and B Fit [3CR]
 1:00 🚩 Financial Planning Session with Philip Sessoms [L]
 2:15 🚩 Baking Club: Peanut Butter Buckeyes [3CR]
 3:15 ⊗ Volleyball with Julia [GF]
 5:00 ♣ Local News @ 5 [2FL]
 6:00 🐾 Bingo with Lauren [3CR]

15
 9:00 ✚ Daily News & Views [2FL]
 9:30 ♥ Chronicle Distribution [L]
 9:30 🚩 Outing: Giant Shopping Trip \$
 11:00 ⊗ The Branch Bowling Alley \$
 3:15 🚩 Pet Therapy with Rigsby [L]
 5:00 ♣ Local News @ 5 [2FL]

16
 9:00 ✚ Daily News & Views [2FL]
 9:30 ♥ Chronicle Distribution [L]
 10:30 ✚ Word in a Word Game [3CR]
 11:00 ⊗ Sit and B Fit [3CR]
 1:15 🚩 Life Enrichment Station [2FL]
 2:15 🐾 Friendsgiving Happy Hour! [L]
 3:15 ⊗ Volleyball with Julia [GF]
 6:00 🐾 Bingo with Lauren [3CR]

17
 9:00 ✚ Daily News & Views [2FL]
 9:30 🦋 Catholic Communion [3F]
 9:30 ♥ Chronicle Distribution [L]
 10:30 ✚ Eight Letter Word Game [3CR]
 11:00 ⊗ Sit and B Fit [3CR]
 1:15 🐾 Bingo with Julia [3CR]
 2:15 🚩 Bingo Prize Cart [3CR]
 3:15 🐾 Snacks Around The World [3CR]
 5:00 ♣ Local News @ 5 [2FL]

18
 9:00 ✚ Daily News & Views [2FL]
 9:30 ♥ Chronicle Distribution [L]
 12:30 ⊗ Saturday Stretches [3CR]
 1:15 🚩 Be.You.tiful Nails [3CR]
 2:15 🐾 Bingo [3CR]
 3:15 ⊗ Bowling [GF]
 5:30 🐾 Saturday Night Movie [2FL]

Resident Birthdays:
 Philip G 11/3
 Frances B 11/10
 Gerald D 11/10
 Wayne G 11/11
 Alfred E 11/16
 Tina G 11/18

Staff Birthdays
 Patrick J 11/01
 Amira N 11/3
 Maddie A 11/7
 Eyrl D 11/14
 Kim A 11/26


* Activities are subject to change *

316 Harrison Street
Leesburg, VA 20175

November 2023

Morningside House of Leesburg



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>♥ Emotional</p> <p>✚ Intellectual</p> <p>🌿 Other</p> <p>🏠 Physical</p> <p>🚩 Purposeful</p> <p>🐾 Social</p> <p>🦋 Spiritual</p> <p>Location Keys</p> <p>Ground Floor GF</p> <p>Lobby L</p> <p>Second Floor 2F</p> <p>Second Floor Lobby 2FL</p> <p>Third Floor 3F</p> <p>Third Floor Club Room 3CR</p> <p>Resident Birthdays:</p> <p>Philip G 11/3</p> <p>Frances B 11/10</p> <p>Gerald D 11/10</p> <p>Wayne G 11/11</p> <p>Alfred E 11/16</p> <p>Tina G 11/18</p> <p>Staff Birthdays</p> <p>Patrick J 11/01</p> <p>Amira N 11/3</p> <p>Maddie A 11/7</p> <p>Eyrl D 11/14</p> <p>Kim A 11/26</p>	<p>9:00 ✚ Daily News & Views [2FL] 19</p> <p>9:30 ♥ Chronicle Distribution [L]</p> <p>10:30 🦋 Prayer and Worship With Andre [2FL]</p> <p>12:30 🏠 Sunday Stretches [3CR]</p> <p>1:15 🚩 Be.You.tiful Nails [3CR]</p> <p>2:15 🐾 Bingo [3CR]</p> <p>5:30 🐾 Sunday Night Movie [2FL]</p>	<p>9:00 ✚ Daily News & Views [2FL] 20</p> <p>9:30 ♥ Chronicle Distribution [L]</p> <p>10:00 🐾 Hot Coco & Cookies/ Weekly Scheduled Highlight [L]</p> <p>10:30 ✚ Thanksgiving Word Scramble [L]</p> <p>11:00 🏠 Sit and B Fit [L]</p> <p>1:15 🐾 Apple Cider Sipping [L]</p> <p>2:15 🏠 Volleyball with Julia [GF]</p> <p>3:15 🐾 Monday Movie Matinee [2FL]</p> <p>6:00 🐾 Bingo with Emily [3CR]</p>	<p>9:00 ✚ Daily News & Views [2FL] 21</p> <p>9:30 ♥ Chronicle Distribution [L]</p> <p>10:30 ✚ Thanksgiving A to Z Challenge [3CR]</p> <p>11:00 🏠 Sit and B Fit [3CR]</p> <p>1:15 ♥ Musical Entertainment with Jeff [GF]</p> <p>2:15 🐾 Pluck The Turkey Game [L]</p> <p>3:15 🏠 Apple Toss Game (Weather Permitting)</p> <p>6:00 🐾 Bingo with Lauren [3CR]</p>	<p>9:00 ✚ Daily News & Views [2FL] 22</p> <p>9:30 ♥ Chronicle Distribution [L]</p> <p>9:30 🚩 Outing: Giant Shopping Trip \$</p> <p>11:00 🚩 Outing: Good Fortune Sushi Bar & Restaurant\$</p> <p>2:15 🏠 Volleyball with Julia [GF]</p> <p>3:15 🚩 Pet Therapy with Max [L]</p> <p>5:00 🌿 Local News @ 5 [2FL]</p>	<p>Thanksgiving 23</p> <p>9:00 ✚ Daily News & Views [2FL]</p> <p>9:30 ♥ Chronicle Distribution [L]</p> <p>10:30 ✚ Thanksgiving Think Fast Game [3CR]</p> <p>11:00 🏠 Sit and B Fit [3CR]</p> <p>1:00 🐾 Saxophone with Douglass Wilson [GF]</p> <p>2:15 🐾 Thanksgiving Bingo with Lauren [3CR]</p> <p>5:00 🌿 Local News @ 5 [2FL]</p>	<p>9:00 ✚ Daily News & Views [2FL] 24</p> <p>9:30 🦋 Catholic Communion [3F]</p> <p>9:30 ♥ Chronicle Distribution [L]</p> <p>10:30 ✚ Thanksgiving Trivia [3CR]</p> <p>11:00 🏠 Sit and B Fit [3CR]</p> <p>1:15 🐾 Bingo with Julia [3CR]</p> <p>2:15 🚩 Craft: Christmas Ornament Decorating [3CR]</p> <p>3:15 ✚ Thanksgiving Trivia [3CR]</p> <p>5:00 🌿 Local News @ 5 [2FL]</p>	<p>9:00 ✚ Daily News & Views [2FL] 25</p> <p>9:30 ♥ Chronicle Distribution [L]</p> <p>12:30 🏠 Saturday Stretches [3CR]</p> <p>1:15 🚩 Be.You.tiful Nails [3CR]</p> <p>2:15 🐾 Bingo [3CR]</p> <p>3:15 🏠 Bowling [GF]</p> <p>5:30 🐾 Saturday Night Movie [2FL]</p>
	<p>9:00 ✚ Daily News & Views [2FL] 26</p> <p>9:30 ♥ Chronicle Distribution [L]</p> <p>10:30 🦋 Prayer and Worship With Andre [2FL]</p> <p>12:30 🏠 Sunday Stretches [3CR]</p> <p>1:15 🚩 Be.You.tiful Nails [3CR]</p> <p>2:15 🐾 Bingo [3CR]</p> <p>3:15 🏠 Bowling [GF]</p> <p>5:30 🐾 Sunday Night Movie [2FL]</p>	<p>9:00 ✚ Daily News & Views [2FL] 27</p> <p>9:30 ♥ Chronicle Distribution [L]</p> <p>10:00 🐾 Hot Coco & Cookies/ Weekly Scheduled Highlight [L]</p> <p>11:00 🏠 Sit and B Fit [L]</p> <p>1:15 🏠 Apple Toss Game (Weather Permitting)</p> <p>2:15 🏠 Volleyball with Julia [GF]</p> <p>3:15 🐾 Monday Movie Matinee [2FL]</p> <p>6:00 🐾 Bingo with Emily [3CR]</p>	<p>9:00 ✚ Daily News & Views [2FL] 28</p> <p>9:30 ♥ Chronicle Distribution [L]</p> <p>10:00 🦋 Bible Study with Danielle [3CR]</p> <p>11:00 ✚ Scattogories [3CR]</p> <p>1:00 🚩 Resident Council Meeting/ Resident Spotlight [L]</p> <p>2:15 🚩 Sip & Paint [3CR]</p> <p>3:15 🚩 Christmas Card Making For Soldiers [3CR]</p> <p>6:00 🐾 Bingo with Lauren [3CR]</p>	<p>9:00 ✚ Daily News & Views [2FL] 29</p> <p>9:30 ♥ Chronicle Distribution [L]</p> <p>9:30 🚩 Giant Shopping Trip \$</p> <p>1:00 🚩 Outing :Great Country Farms\$</p> <p>3:15 🚩 Pet Therapy with Max [L]</p> <p>5:00 🌿 Local News @ 5 [2FL]</p>	<p>9:00 ✚ Daily News & Views [2FL] 30</p> <p>9:30 ♥ Chronicle Distribution [L]</p> <p>10:30 ✚ Word in a Word Game [3CR]</p> <p>11:00 🏠 Sit and B Fit [3CR]</p> <p>12:45 🚩 Outing: Micheals Craft Store\$</p> <p>2:15 🐾 The Best Hour is Happy Hour! Resident Birthday Celebration [L]</p> <p>3:15 🚩 Life Enrichment Station [2FL]</p> <p>6:00 🐾 Bingo with Lauren [3CR]</p>	 <p><i>Happy Thanksgiving!</i></p>	

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316 Harrison Street
Leesburg, VA 20175



“Each day I am thankful for nights that turned into mornings, friends that turned into family, dreams that turned into reality and likes that turned into loves.”
— Unknown

