

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Birthdays

10/16 Lorraine Cimino



<p>Daylight Saving Time Begins 5</p> <p>9:45 ♥ <i>Rosary [MR]</i> 10:00 ☕ Coffee and Conversation [SS] 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:30 ♥ Movie: Pay it Forward [EC] 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing 6:00 🦋 Online Mass -St Ursula's [MR]</p>	<p>6</p> <p>10:00 ☕ Coffee and Conversation 10:15 🦋 <i>Communion Service [EC]</i> 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:30 📖 Color Me Happy 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage</p>	<p>Election Day 7</p> <p>10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:30 ☕ <i>Funnel Cake Social</i> 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing</p>	<p>8</p> <p>Message Therapy Today 9:45 ♥ <i>Rosary [MR]</i> 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:30 📖 Root Beer Float and Crafting 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage</p>	<p>9</p> <p>10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:30 📖 BINGO 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing</p>	<p>10</p> <p>10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:00 ☕ <i>Wine Down Fridays</i> 2:00 ♥ Veteran's Day Program [LR] 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage</p>	<p>11</p> <p>Manicures Today 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing</p>
<p>12</p> <p>9:45 ♥ <i>Rosary [MR]</i> 10:00 ☕ Coffee and Conversation [SS] 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:30 ♥ Movie: On Golden Pond [EC] 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing 6:00 🦋 Online Mass -St Ursula's [MR]</p>	<p>13</p> <p>10:00 ☕ Coffee and Conversation 10:15 🦋 <i>Communion Service [EC]</i> 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 12:00 Baltimore Police Department Visiting Today 1:30 🍴 Scoop of the day 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage</p>	<p>14</p> <p>10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:30 ☕ <i>Diwali Party [SR]</i> 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing</p>	<p>15</p> <p>9:45 ♥ <i>Rosary [MR]</i> 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 2:00 ♥ <i>Live Music with SD & Friends [DR]</i> 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage</p>	<p>16</p> <p>9:30 📖 <i>Baltimore County Bookmobile visit</i> 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:30 🇺🇸 National Fast Food Day and Birthday Party 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing</p>	<p>17</p> <p>10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:00 ☕ <i>Wine and Cheese</i> 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage</p>	<p>18</p> <p>Manicures Today 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing</p>
<p>19</p> <p>9:45 ♥ <i>Rosary [MR]</i> 10:00 ☕ Coffee and Conversation [SS] 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:30 ♥ Movie: Walk the Line [EC] 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing 6:00 🦋 Online Mass -St Ursula's [MR]</p>	<p>20</p> <p>10:00 ☕ Coffee and Conversation 10:15 🦋 <i>Communion Service [EC]</i> 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 2:00 🇺🇸 Friendsgiving Party [SR] 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage</p>	<p>21</p> <p>10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:30 🍏 <i>Apple Picking</i> 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing</p>	<p>22</p> <p>9:45 ♥ <i>Rosary [MR]</i> 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:30 ☕ Apple Pie in a Cup 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage</p>	<p>Thanksgiving 23</p> <p>9:00 🇺🇸 Macy's Day Parade 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:30 📖 BINGO 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing</p>	<p>24</p> <p>10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:00 ☕ <i>Happy Hour</i> 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage</p>	<p>25</p> <p>10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing</p>
<p>26</p> <p>9:45 ♥ <i>Rosary [MR]</i> 10:00 ☕ Coffee and Conversation [SS] 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:30 ♥ Movie: Little Miss Sunshine [EC] 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing 6:00 🦋 Online Mass -St Ursula's [MR]</p>	<p>27</p> <p>10:00 ☕ Coffee and Conversation 10:15 🦋 <i>Communion Service [EC]</i> 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:30 📖 Fall Jewelry Making 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage</p>	<p>28</p> <p>10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:30 🍏 <i>Scenic Drive</i> 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing</p>	<p>29</p> <p>9:45 ♥ <i>Rosary [MR]</i> 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 2:00 📖 Echoes of Nature [LR] 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage</p>	<p>30</p> <p>10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 11:00 🧘 Breathe and Stretch 11:30 🍴 Lunch 1:30 📖 BINGO 2:30 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing</p>		

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- ♥ Emotional
- 🌿 Environmental
- 📖 Intellectual
- 🌸 Other
- 🧘 Physical
- 👥 Social
- 🦋 Spiritual