

# December 2021

## Stepping Stones Monthly Calendar



Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday



9:30 🎵 Morning Wake-Up Music [SS] **1**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🥧 National Pie Day [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 2:30 🥧 Pie Tasting Contest [SS]  
 3:30 🌿 Hands Aromatherapy [SS]  
 6:00 🎵 Evening Music [SS]

9:30 🎵 Morning Wake-Up Music [SS] **2**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🍳 Resident Cooking Class/National Fritters Day [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 1:30 🚗 *Afternoon Scenic Drive To The Farm* [SS]  
 2:00 🎭 *Ballet Mobile* [LR]  
 3:30 📖 Book Club Reading With Residents [SS]  
 6:00 ❤️ Catching Up On The News [SS]

9:30 🎵 Morning Wake-Up Music [SS] **3**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🧘 Morning Stretch [SS]  
 10:30 🍳 Resident Cooking Class [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 2:30 🎨 Fun Coloring Christmas Pictures [SS]  
 2:30 🎨 **Sip & Paint Social Hour** [SS]  
 3:30 🎬 Friday At The Movies [SS]  
 6:00 📺 Evening News Channel 2 [SS]

10:00 ❤️ Church Service On IN2L [SS] **4**  
 10:30 ☕ Morning Coffee Hour With Friends [SS]  
 10:30 ❤️ Our Daily Bread Reading [SS]  
 1:30 📖 Embrace Bookmark Reading [SS]  
 2:30 🍪 Snack & Chat/National Cookie Day [SS]  
 3:30 🎨 Afternoon Stretches [SS]  
 6:00 📺 Evening News Channel [SS]



10:00 ❤️ Church Service [SS] **5**  
 10:30 ☕ Morning Coffee Hour With Friends [SS]  
 10:30 ❤️ Our Daily Bread Reading [SS]  
 1:30 🧘 Manicures & Beauty Day [SS]  
 2:30 ❤️ Singing Christian Tunes [SS]  
 3:30 📖 Christmas Story Time [SS]  
 6:00 🎨 Jokes & Riddles [SS]

9:30 🎵 Morning Wake-Up Music [SS] **6**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🧘 Morning Stretch [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 1:00 🍪 *Baking Christmas Cookies* [SS]  
 1:30 🎨 *Christmas Tree Decorating* [SS]  
 2:30 🎨 Painting With A Twist [SS]  
 3:30 📖 Book Club Reading [SS]  
 6:00 ☕ Sit & Chat Over Hot Chocolate [SS]

9:30 🎵 Morning Wake-Up Music [SS] **7**  
 10:00 🌿 *Garden Club* [EC]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 1:30 🎨 *Arts & Crafts/Christmas Stockings* [SS]  
 2:00 🎵 *Music with Bowers and Stramella* [DR]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 📺 TV Classics On Roku [SS]

9:30 🎵 Morning Wake-Up Music [SS] **8**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🧘 Morning Stretch [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 🎮 Family Feud [SS]

9:30 🎵 Morning Wake-Up Music [SS] **9**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🍳 Resident Cooking Class [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 1:30 🎨 **Sip & Paint** [SS]  
 2:00 🎵 *Music with TNT* [DR]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 ❤️ Catching Up On The News [SS]

9:30 🎵 Morning Wake-Up Music [SS] **10**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🧘 Morning Stretch [SS]  
 10:30 🍳 Resident Cooking Class [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 1:30 🎨 **Sip & Paint** [SS]  
 3:30 🎬 Friday Movie Matinee [SS]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 📺 Hallmark Channel [MC]

10:00 ❤️ Church Service On IN2L [SS] **11**  
 10:30 ☕ Morning Coffee Hour With Friends [SS]  
 10:30 ❤️ Our Daily Bread Reading [SS]  
 1:30 🎨 *Resident/Family Christmas Party*  
 2:30 📖 Snack & Chat [SS]  
 6:00 ❤️ Evening News Channel /2 [SS]



10:00 ❤️ Church Service [SS] **12**  
 10:30 ☕ Morning Coffee Hour With Friends [SS]  
 10:30 ❤️ Our Daily Bread Reading [SS]  
 1:30 📖 Embrace Bookmark Reading [SS]  
 2:30 ❤️ Singing Christian Tunes [SS]  
 3:30 🧘 Essence Program/Manicures [SS]  
 6:00 🎨 Jokes & Riddles [SS]

9:30 🎵 Morning Wake-Up Music [SS] **13**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🧘 Morning Stretch [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 1:30 🏐 Volley Ball Exercise [SS]  
 2:30 🎨 Painting With A Twist [SS]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 ☕ Sit & Chat Over Hot Chocolate [SS]

9:30 🎵 Morning Wake-Up Music [SS] **14**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 1:30 🎨 Arts & Crafts [SS]  
 1:30 🍦 Icecream Social [SS]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 🎮 Family Feud [SS]

9:30 🎵 Morning Wake-Up Music [SS] **15**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🧘 Morning Stretch [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 🎵 Evening Sing A Long [SS]

9:30 🎵 Morning Wake-Up Music [SS] **16**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🍳 Resident Cooking Class [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 1:30 🍷 *Afternoon outing For Dessert* [SS]  
 2:00 🌿 Aromatherapy [SS]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 ❤️ Catching Up On The News [SS]

9:30 🎵 Morning Wake-Up Music [SS] **17**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🧘 Morning Stretch [SS]  
 10:30 🍳 Resident Cooking Class [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 1:30 🎨 **Sip & Paint** [SS]  
 3:30 🎬 Friday Movie Matinee [SS]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 📺 Hallmark Channel [MC]

10:00 ❤️ Church Service On IN2L [SS] **18**  
 10:30 ☕ Morning Coffee Hour With Friends [SS]  
 10:30 ❤️ Our Daily Bread Reading [SS]  
 1:30 📖 Embrace Bookmark Reading [SS]  
 2:30 📖 Snack & Chat [SS]  
 6:00 ❤️ Evening News Channel /2 [SS]

- ❤️ Emotional
- 🌿 Environmental
- 📖 Intellectual
- 🧘 Other
- 🏐 Physical
- 🎵 Purposeful
- 👥 Social
- 🦋 Spiritual

10:00 ❤️ Church Service [SS] **19**  
 10:30 ☕ Morning Coffee Hour With Friends [SS]  
 10:30 ❤️ Our Daily Bread Reading [SS]  
 1:30 📖 Embrace Bookmark Reading [SS]  
 2:30 ❤️ Singing Christian Tunes [SS]  
 3:30 🧘 Essence Program/Manicures [SS]  
 6:00 🎨 Jokes & Riddles [SS]

9:30 🎵 Morning Wake-Up Music [SS] **20**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🧘 Morning Stretch [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 1:30 🏐 Volley Ball Exercise [SS]  
 2:30 🎨 Painting With A Twist [SS]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 ☕ Sit & Chat Over Marshmallow Hot Chocolate [SS]

9:30 🎵 Morning Wake-Up Music [SS] **21**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 1:30 🎨 Arts & Crafts/Making Christmas Cards [SS]  
 1:30 🍦 Icecream Social [SS]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 🎮 Family Feud [SS]

9:30 🎵 Morning Wake-Up Music [SS] **22**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🧘 Morning Stretch [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 🎮 Family Feud [SS]

9:30 🎵 Morning Wake-Up Music [SS] **23**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🍳 Resident Cooking Class [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 1:30 🎨 **Sip & Paint** [SS]  
 2:00 🎵 *Music with Helmet* [DR]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 ❤️ Catching Up On The News [SS]

**Christmas Eve** **24**  
 9:30 🎵 Morning Wake-Up Music [SS]  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time About Christmas [SS]  
 10:30 🍳 *Resident Baking Christmas Pie* [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 2:00 🎨 *Santa Brings gifts to residents* [L]  
 3:30 🎬 Friday Movie Matinee [SS]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 📺 Hallmark Channel/Christmas Movie [SS]

**Christmas Day** **25**  
 10:00 ❤️ Church Service On IN2L [SS]  
 10:30 ☕ Morning Coffee Hour With Friends [SS]  
 10:30 🎨 *Singing Christmas Carols* [SS]  
 1:30 📖 Embrace Bookmark Reading [SS]  
 2:30 📖 Snack & Chat [SS]  
 6:00 ❤️ Evening News Channel /2 [SS]

**Morningside House of Satyr Hill**  
 8800 Old Harford Rd  
 Parkville, MD 21234  
 410-882-0700

Activities are subject to change without notice

10:00 ❤️ Church Service [SS] **26**  
 10:30 ☕ Morning Coffee Hour With Friends [SS]  
 10:30 ❤️ Our Daily Bread Reading [SS]  
 1:30 📖 Embrace Bookmark Reading [SS]  
 2:30 ❤️ Singing Christian Tunes [SS]  
 3:30 🏐 Volleyball Fun [SS]  
 6:00 🎨 Jokes & Riddles [SS]

9:30 🎵 Morning Wake-Up Music [SS] **27**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🧘 Morning Stretch [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 1:30 🏐 Volley Ball Exercise [SS]  
 2:30 🎨 Painting With A Twist [SS]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 ☕ Sit & Chat Over Hot Chocolate [SS]

9:30 🎵 Morning Wake-Up Music [SS] **28**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 1:30 🎨 Arts & Crafts [SS]  
 1:30 🍦 Icecream Social [SS]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 🎮 Family Feud [SS]

9:30 🎵 Morning Wake-Up Music [SS] **29**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🧘 Morning Stretch [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 🎮 Family Feud [SS]

9:30 🎵 Morning Wake-Up Music [SS] **30**  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🍳 Resident Cooking Class [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 1:30 🎨 **Sip & Paint** [SS]  
 2:00 🌿 Aromatherapy [SS]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 ❤️ Catching Up On The News [SS]

**New Year's Eve** **31**  
 9:30 🎵 Morning Wake-Up Music [SS]  
 10:00 ☕ Starbuck Espresso Coffee & Conversation Time [SS]  
 10:30 🧘 Morning Stretch [SS]  
 10:30 🍳 Resident Cooking Class [SS]  
 12:30 🌿 Aromatherapy Relaxation Hour [SS]  
 1:30 🎨 *New Years Eve Party For Residents* [SS]  
 3:30 🎬 Friday Movie Matinee [SS]  
 3:30 📖 Story Time Reading With Residents [SS]  
 6:00 📺 Hallmark Channel [MC]

10:00 ❤️ Church Service On IN2L [SS] **31**