

March 2023

Morningside House of Satyr Hill

# Stepping Stones

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>March Birthday</b> Russ W. 1st</p>				9:45 ♥ <b>Rosary</b> 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 📖 Memory Lane Game 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 ☕ Happy Hour 2:30 📖 Old Stuff Day 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🌿 <b>Scenic Drive</b> 2:00 📖 Color Me Happy 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing
		9:45 ♥ <b>Rosary</b> 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 📖 EZ Does It Trivia 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 📖 <b>Celebrate your Name Day</b> 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage	10:00 ☕ Coffee and Conversation 10:30 📖 <b>Bible Study [EC]</b> 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 📖 Give Me 5 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing	9:45 ♥ <b>Rosary</b> 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 📖 <b>International Women's Day [EC]</b> 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 ☕ Happy Hour 2:30 📖 <b>Old People Are Cool Day [EC]</b> 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing	9:30 📖 <b>Baltimore County Bookmobile visit</b> 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 📖 Color Me Happy 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage
<ul style="list-style-type: none"> <li>♥ Emotional</li> <li>🌿 Environmental</li> <li>📖 Intellectual</li> <li>🧘 Physical</li> <li>📖 Purposeful</li> <li>👥 Social</li> <li>🦋 Spiritual</li> </ul>	<b>Daylight Saving Time Begins</b> 9:45 ♥ <b>Rosary</b> 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 📖 EZ Does It Trivia 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 📖 Do you Remember When? 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 📖 Give Me 5 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing	9:45 ♥ <b>Rosary</b> 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 📖 <b>Wellness Seminar with Jeff [EC]</b> 2:30 ♥ <b>Live Music with SD &amp; Friends [DR]</b> 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🌿 <b>Scenic Drive</b> 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing	<b>St. Patrick's Day</b> 2:00 ☕ <b>St. Patrick's Day Party [EC]</b> 3:00 📖 <b>St. Patrick's Day Trivia and Facts [EC]</b> 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing
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<p><b>Morningside House of Satyr Hill</b>            8800 Old Harford Road            Parkville, MD 21234            410-882-0700</p>	9:45 ♥ <b>Rosary</b> 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 📖 EZ Does It Trivia 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 📖 Do you Remember When? 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 ☕ <b>Springtime Tea Party [EC]</b> 2:30 ♥ Reminiscing with Rhonda 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing	9:45 ♥ <b>Rosary</b> 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 📖 What Would You Do? 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:30 ☕ Happy Hour 3:00 📖 Spring Categories 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 📖 Color Me Happy 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage	
	ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT NOTICE	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 📖 Do you Remember When? 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 ☕ <b>Springtime Tea Party [EC]</b> 2:30 ♥ Reminiscing with Rhonda 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing	9:45 ♥ <b>Rosary</b> 10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 📖 What Would You Do? 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:30 ☕ Happy Hour 3:00 📖 Spring Categories 4:00 📖 Daily Chronicle 5:30 ♥ Musical Reminiscing	10:00 ☕ Coffee and Conversation 10:30 📖 This Day in History 1:30 🧘 Breath and Stretch 2:00 📖 Color Me Happy 3:00 ☕ Hydration and Snack 4:00 📖 Daily Chronicle 5:30 🧘 Hand Massage	