

		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		 <p>season of <b>REFLECTION</b></p> <p>NATIONAL ASSISTED LIVING WEEK® SEPTEMBER 10-16, 2023</p>					<b>Holiday Cookout</b> <b>1</b> AM Morning Meet Up AM Move & Groove AM Small Groups 11:30 <b>Holiday Cookout (weather permitting) [PL]</b> – Entertainment by Greg! PM Sip & Chat PM Small Groups PM Friday Flicks		<b>2</b> AM Morning Meet Up AM Move & Groove AM Sing-A-Long to the Oldies PM Sip & Chat PM Hand Massages
<p><b>Location Keys</b></p> <p>AL Living Room      AL                      Dining Room        D                      Living Room          L                      ML Living Room     ML                      Man Cave             MC                      Outside Parking Lot PL                      SS Living Room      SS                      Second Floor        SF</p>		<b>3</b> AM Morning Meet Up AM Virtual Church Service AM Sunday Hymns PM Reminisce- Topic of the day PM Sip & Chat PM Ice Cream Social PM Hand Massage	<b>Labor Day 4</b> AM Morning Meet Up AM Move & Groove 1:30 Rosary with Judy *New Location* [L] PM Sip & Chat PM Small Groups PM Legends of Music	<b>5</b> AM Morning Meet Up AM Move & Groove AM Small Groups 2:00 Scenic Drive Outing PM Sip & Chat PM Small Groups PM Music of the Decades: 1950s	<b>Salon Opens at 10am 6</b> AM Morning Meet Up AM Move & Groove AM Small Groups PM Sip & Chat PM Small Groups PM Music of the Decades: 1960s	<b>7</b> AM Morning Meet Up AM Mini Manicures AM Move & Groove AM Small Groups PM Sip & Chat PM Small Groups PM Music of the Decades: 1970s	<b>8</b> AM Morning Meet Up AM Move & Groove AM Small Groups PM Sip & Chat 2:30 <b>Celebrate Doris B's 100th Birthday! [AL]</b> 2:30 <b>Larry &amp; Tony Entertain! [AL]</b> PM Small Groups PM Friday Flicks	<b>9</b> AM Morning Meet Up AM Bingo [SF] AM Move & Groove 2:00 <b>Entertainment with Penny &amp; Jeff! [AL]</b> PM Sip & Chat PM Small Groups PM Hand Massages	
		<b>Grandparents Day 10</b> AM Morning Meet Up AM Virtual Church Service AM Sunday Hymns 1:00 <b>Holy Communion with Deacon Brown [AL]</b> PM Reminisce- Topic of the day PM Hand Massage	<b>Favorite Color Day! 11</b> AM Morning Meet Up AM Move & Groove 10:30 <b>Entertainment with Greg! [ML]</b> PM Small Groups 2:00 <b>Magic Show with D's Magic! [D]</b> PM Sip & Chat PM Small Groups PM Legends of Music	<b>Crazy Hair &amp; Mismatch Day! 12</b> AM Morning Meet Up AM Move & Groove 11:00 Lunch Outing: McDonald's PM Sip & Chat 3:00 <b>Entertainment by Moxie! [AL]</b> PM Small Groups PM Music of the Decades: 1950s	<b>Polka Dots &amp; Pearls Day! Salon Opens at 10am 13</b> AM Morning Meet Up AM Move & Groove PM Sip & Chat 2:30 <b>Polka Dots &amp; Pearls Party!! [D]</b> – Entertainment by Suzette Pritchett [D] PM Small Groups PM Music of the Decades: 1960s	<b>Team Spirit Day! 14</b> AM Morning Meet Up AM Mini Manicures AM Move & Groove PM Sip & Chat 3:00 <b>Resident &amp; Staff Karaoke! [AL]</b> PM Small Groups PM Music of the Decades: 1970s	<b>Pajama Day! 15</b> AM Morning Meet Up AM Move & Groove AM Small Groups 1:30 Rosary with Judy [MC] PM Sip & Chat PM Small Groups PM Friday Flicks	<b>16</b> AM Morning Meet Up AM Move & Groove AM Sing-A-Long to the Oldies 2:00 <b>Cornerstone Full Gospel Service in Stepping Stones [SS]</b> PM Sip & Chat PM Hand Massages	
		<p><b>Get involved!</b>  <b>Meet a friend!</b>  <b>Stretch your body and your mind!</b></p>	<b>17</b> AM Morning Meet Up AM Virtual Church Service AM Sunday Hymns PM Reminisce- Topic of the day PM Sip & Chat 2:30 <b>Glen Burnie United Methodist [AL]</b> PM Hand Massage	<b>18</b> AM Morning Meet Up AM Move & Groove 1:30 Rosary with Judy *New Location* [L] PM Sip & Chat PM Small Groups PM Legends of Music	<b>19</b> AM Morning Meet Up AM Move & Groove AM Small Groups 1:00 <b>Wheelchair Wash: Bayada Beach Party!! [PL]</b> 2:00 Scenic Drive Outing PM Sip & Chat PM Small Groups PM Music of the Decades: 1950s	<b>National Queso Day Salon Opens at 10am 20</b> AM Morning Meet Up AM Move & Groove AM Small Groups PM Chips & Queso PM Small Groups PM Music of the Decades: 1960s	<b>21</b> AM Morning Meet Up AM Mini Manicures AM Move & Groove AM Small Groups PM Sip & Chat PM Small Groups PM Music of the Decades: 1970s	<b>National Centenarians Day 22</b> AM Morning Meet Up AM Move & Groove AM Small Groups 2:00 <b>Cake Decorating Class [D]</b> PM Sip & Chat PM Small Groups PM Friday Flicks	<b>23</b> AM Morning Meet Up AM Bingo [SF] AM Move & Groove PM Sip & Chat PM Small Groups PM Hand Massages
	<p>Please check the daily activity posting for updates.</p>	<b>24</b> AM Morning Meet Up 10:00 Pet Therapy with Lenny & Samantha! [L] AM Virtual Church Service AM Sunday Hymns 1:00 <b>Holy Communion with Deacon Brown [AL]</b> PM Reminisce- Topic of the day PM Sip & Chat PM Hand Massage	<b>25</b> AM Morning Meet Up AM Move & Groove PM Small Groups 1:30 Rosary with Judy [L] 2:00 <b>Entertainment by Lynn Roxy [SS]</b> PM Sip & Chat PM Small Groups PM Legends of Music	<b>26</b> AM Morning Meet Up AM Move & Groove 11:00 Lunch Outing: Olive Garden PM Sip & Chat PM Small Groups PM Music of the Decades: 1950s	<b>Salon Opens at 10am 27</b> AM Morning Meet Up AM Move & Groove PM Sip & Chat PM Small Groups PM Music of the Decades: 1960s	<b>28</b> AM Morning Meet Up AM Mini Manicures AM Move & Groove PM Sip & Chat PM Small Groups PM Music of the Decades: 1970s	<b>29</b> AM Morning Meet Up AM Move & Groove AM Small Groups PM Sip & Chat PM Small Groups PM Friday Flicks 10:30 <b>Guitar Entertainment with Joshua! [ML]</b>	<b>30</b> AM Morning Meet Up AM Move & Groove AM Sing-A-Long to the Oldies PM Sip & Chat PM Hand Massages	