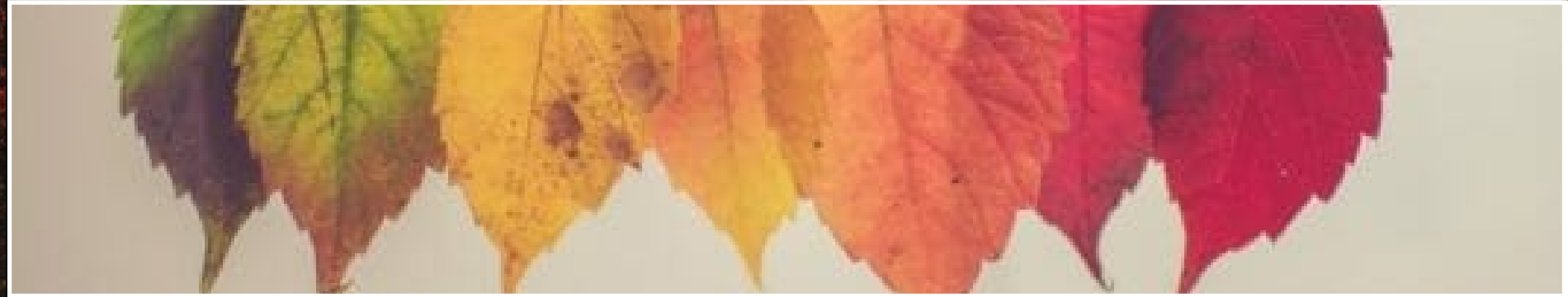


# September 2023

## Morningside House of Satyr Hill



Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday



10:00 ☕ Coffee and Conversation	1	10:00 ☕ Coffee and Conversation	2
10:30 📖 This Day in History		10:30 📖 This Day in History	
11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch	
11:30 🍴 Lunch		11:30 🍴 Lunch	
1:00 🍷 Wine Down Fridays		2:30 🍴 Hydration and Snack	
2:30 🎲 Bingo		4:00 📖 Daily Chronicle	
4:00 📖 Daily Chronicle		5:30 ❤️ Musical Reminiscing	
5:30 🧘 Hand Massage			

**Birthdays**  
Peggy J. 9/7

9:45 ❤️ <b>Rosary [MR]</b>	3	<b>Labor Day</b>	4	10:00 ☕ Coffee and Conversation	5	9:45 ❤️ <b>Rosary [MR]</b>	6	10:00 ☕ Coffee and Conversation	7	9:30 📖 <b>Baltimore County Bookmobile visit</b>	8	10:00 ☕ Coffee and Conversation	9	
10:00 ☕ Coffee and Conversation [SS]		10:00 ☕ Coffee and Conversation		10:15 🦋 <b>Communion Service [EC]</b>		10:00 ☕ Coffee and Conversation		10:00 ☕ Coffee and Conversation		10:00 ☕ Coffee and Conversation		10:30 📖 This Day in History		10:00 ☕ Coffee and Conversation
10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History		11:00 🧘 Breathe and Stretch		10:30 📖 This Day in History
11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch
11:30 🍴 Lunch		11:00 🍴 Family Labor Day Party!		11:00 🍴 Breathe and Stretch		11:00 🍴 Breathe and Stretch		11:30 🍴 Lunch		11:30 🍴 Lunch		1:30 📖 Read a Book with Shirley B.!		11:30 🍴 Lunch
1:30 ❤️ <b>Movie: The Lady Vanishes [EC]</b>		11:30 🍴 Lunch		1:30 🌳 <b>Scenic Drive</b>		1:30 🌳 <b>Scenic Drive</b>		1:30 🍴 Hydration and Snack		1:30 🍴 Hydration and Snack		2:30 🍴 Hydration and Snack		1:30 🍴 Hydration and Snack
2:30 🍴 Hydration and Snack		3:30 🍴 Hydration and Snack		2:30 🍴 Hydration and Snack		2:30 🍴 Hydration and Snack		4:00 📖 Daily Chronicle		4:00 📖 Daily Chronicle		4:00 📖 Daily Chronicle		11:00 🧘 Breathe and Stretch
4:00 📖 Daily Chronicle		4:00 📖 Daily Chronicle		4:00 📖 Daily Chronicle		4:00 📖 Daily Chronicle		5:30 ❤️ Musical Reminiscing		5:30 ❤️ Musical Reminiscing		5:30 🧘 Hand Massage		11:30 🍴 Lunch
5:30 ❤️ Musical Reminiscing	5:30 🧘 Hand Massage	5:30 🧘 Hand Massage	5:30 🧘 Hand Massage				1:00 🍷 Wine Down Fridays							
6:00 🦋 Online Mass -St Ursula's [MR]							2:30 🎲 Matching Game							
							4:00 📖 Daily Chronicle							
							5:30 🧘 Hand Massage							

- ❤️ Emotional
- 🌳 Environmental
- 📖 Intellectual
- 🍴 Physical
- 🍷 Social
- 🦋 Spiritual

<b>Grandparents Day</b>	10	<b>National Assisted Living Week</b>	11	10:00 ☕ Coffee and Conversation	12	<b>Massage Therapy Today</b>	13	10:00 ☕ Coffee and Conversation	14	10:00 ☕ Coffee and Conversation	15	10:00 ☕ Coffee and Conversation	16
9:45 ❤️ <b>Rosary [MR]</b>		10:00 ☕ Coffee and Conversation		10:00 ☕ Coffee and Conversation		10:00 ☕ Coffee and Conversation		10:00 ☕ Coffee and Conversation		10:00 ☕ Coffee and Conversation		10:00 ☕ Coffee and Conversation	
10:00 ☕ Coffee and Conversation [SS]		10:00 ☕ Coffee and Conversation		10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History	
10:30 📖 This Day in History		10:30 📖 This Day in History		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch	
11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:30 🍴 Lunch		11:30 🍴 Lunch		11:30 🍴 Lunch		11:30 🍴 Lunch		11:30 🍴 Lunch	
11:30 🍴 Lunch		11:00 🍴 Breathe and Stretch		1:00 📖 <b>Scavenger Hunt</b>		1:00 📖 <b>Scavenger Hunt</b>		1:00 🍴 Breathe and Stretch		1:00 🍴 Breathe and Stretch		1:00 🍴 Breathe and Stretch	
1:30 ❤️ <b>Movie: A League of Their Own [EC]</b>		11:30 🍴 Lunch		2:30 🍴 National Chocolate Milk Day		2:30 🍴 National Chocolate Milk Day		1:30 🍴 Hydration and Snack		1:30 🍴 Hydration and Snack		1:30 🍴 Hydration and Snack	
2:30 🍴 Hydration and Snack		1:00 🧘 Crafting with Laura		4:00 📖 Daily Chronicle		4:00 📖 Daily Chronicle		2:30 🍴 Wheel of Fortune		2:30 🍴 Wheel of Fortune		2:30 🍴 Hydration and Snack	
4:00 📖 Daily Chronicle	2:30 🍴 Hydration and Snack	5:30 ❤️ Musical Reminiscing	5:30 ❤️ Musical Reminiscing	4:00 📖 Daily Chronicle	4:00 📖 Daily Chronicle	4:00 📖 Daily Chronicle							
5:30 ❤️ Musical Reminiscing	4:00 📖 Daily Chronicle			5:30 🧘 Hand Massage	5:30 🧘 Hand Massage	5:30 🧘 Hand Massage							
6:00 🦋 Online Mass -St Ursula's [MR]	5:30 🧘 Hand Massage												

**Morningside House of Satyr Hill**  
8800 Old Harford Road  
Parkville, MD 21234  
410-882-0700

9:45 ❤️ <b>Rosary [MR]</b>	17	10:00 ☕ Coffee and Conversation	18	10:00 ☕ Coffee and Conversation	19	9:45 ❤️ <b>Rosary [MR]</b>	20	10:00 ☕ Coffee and Conversation	21	10:00 ☕ Coffee and Conversation	22	<b>Manicures Today</b>	23
10:00 ☕ Coffee and Conversation [SS]		10:15 🦋 <b>Communion Service [EC]</b>		10:00 ☕ Coffee and Conversation		10:00 ☕ Coffee and Conversation		10:00 ☕ Coffee and Conversation		10:00 ☕ Coffee and Conversation		10:00 ☕ Coffee and Conversation	
10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History	
11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch	
11:30 🍴 Lunch		11:00 🍴 Breathe and Stretch		11:30 🍴 Lunch		11:30 🍴 Lunch		11:30 🍴 Lunch		11:30 🍴 Lunch		11:30 🍴 Lunch	
1:30 ❤️ <b>Movie: Wizard of Oz [EC]</b>		11:30 🍴 Lunch- National Cheeseburger Day		1:30 🍴 <b>Dessert Party</b>		1:30 🍴 <b>Dessert Party</b>		1:30 🍴 Hydration and Snack		1:30 🍴 Hydration and Snack		1:30 🍴 Hydration and Snack	
2:30 🍴 Hydration and Snack		1:30 📖 Food Documentary		2:30 🍴 Wheel of Fortune		2:30 🍴 Wheel of Fortune		2:30 🍴 Daily Chronicle		2:30 🍴 Daily Chronicle		2:30 🍴 Daily Chronicle	
4:00 📖 Daily Chronicle		3:00 🍴 Hydration and Snack		4:00 📖 Daily Chronicle		4:00 📖 Daily Chronicle		4:00 📖 Daily Chronicle		4:00 📖 Daily Chronicle		4:00 📖 Daily Chronicle	
5:30 ❤️ Musical Reminiscing	4:00 📖 Daily Chronicle	5:30 ❤️ Musical Reminiscing	5:30 ❤️ Musical Reminiscing	5:30 🧘 Hand Massage	5:30 🧘 Hand Massage	5:30 🧘 Hand Massage							
6:00 🦋 Online Mass -St Ursula's [MR]	5:30 🧘 Hand Massage												

**Stepping Stones Calendar**  
*ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT NOTICE*

9:45 ❤️ <b>Rosary [MR]</b>	24	10:00 ☕ Coffee and Conversation	25	10:00 ☕ Coffee and Conversation	26	9:45 ❤️ <b>Rosary [MR]</b>	27	10:00 ☕ Coffee and Conversation	28	10:00 ☕ Coffee and Conversation	29	10:00 ☕ Coffee and Conversation	30
10:00 ☕ Coffee and Conversation [SS]		10:15 🦋 <b>Communion Service [EC]</b>		10:00 ☕ Coffee and Conversation		10:00 ☕ Coffee and Conversation		10:00 ☕ Coffee and Conversation		10:00 ☕ Coffee and Conversation		10:00 ☕ Coffee and Conversation	
10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History		10:30 📖 This Day in History	
11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch		11:00 🧘 Breathe and Stretch	
11:30 🍴 Lunch		11:00 🍴 Breathe and Stretch		11:30 🍴 Lunch		11:30 🍴 Lunch		11:30 🍴 Lunch		11:30 🍴 Lunch		11:30 🍴 Lunch	
1:30 ❤️ <b>Movie: To Catch a Thief [EC]</b>		11:30 🍴 Lunch		1:30 📖 <b>Show and Tell</b>		1:30 📖 <b>Show and Tell</b>		1:30 🍴 Hydration and Snack		1:30 🍴 Hydration and Snack		1:30 🍴 Hydration and Snack	
2:30 🍴 Hydration and Snack		1:00 🍴 Throw and Get to Know		2:30 🍴 Hydration and Snack		2:30 🍴 Hydration and Snack		2:30 🍴 Hydration and Snack		2:30 🍴 Hydration and Snack		2:30 🍴 Hydration and Snack	
4:00 📖 Daily Chronicle		3:00 🍴 Hydration and Snack		4:00 📖 Daily Chronicle		4:00 📖 Daily Chronicle		4:00 📖 Daily Chronicle		4:00 📖 Daily Chronicle		4:00 📖 Daily Chronicle	
5:30 ❤️ Musical Reminiscing	4:00 📖 Daily Chronicle	5:30 ❤️ Musical Reminiscing	5:30 ❤️ Musical Reminiscing	5:30 🧘 Hand Massage	5:30 🧘 Hand Massage	5:30 🧘 Hand Massage							
6:00 🦋 Online Mass -St Ursula's [MR]	5:30 🧘 Hand Massage												