

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 10/1 Judy W 10/5 Beverly M 10/7 Tom T 10/8 Ernest G 10/21 Dale A 10/27 Alexandria B	October cont'd 31 Halloween 9:55 Daily Review and News [LG] 10:00 Catholic Communion [LG] 10:30 Cooing Time- Making ghost's Cookies [SR] 1:15 Halloween movie- Dracula and Treats [SR] 3:30 Halloween Crossword Puzzle [LG] 6:00 Word Finds	Emotional Environmental Intellectual Physical Purposeful Social	Location Keys 4th Floor 4th Dining Room DR Front Porch FP Living Room LR Lodge LG Sun Room SR			NATIONAL BREAST CANCER AWARENESS MONTH 1 9:55 Daily Review and News [LG] 10:00 Chair Yoga 10:30 Breast Cancer Facts [LG] 1:30 Crafting- Making Pink Breast Cancer bracelets [LG] 2:30 Happy Hour-Pink Milkshakes [LG] 3:30 Breast Cancer Discussion [LG] 6:00 Activity Packets	9:55 Daily Review and News [LG] 2 10:15 Morningside Cafe 10:45 Basketball [DR] 1:15 Bingo 2:15 Outdoor Social [FP] 6:00 Pictionary
	9:55 Daily Review and News [LG] 3 10:00 Catholic Communion [LG] 10:30 Stretch it out Sunday 1:30 Pretty in Pink Manicures [SR] 2:00 Movie Time with Friends 6:00 Word Finds	9:55 Daily Review and News [LG] 4 10:00 Get Fit Workout 10:30 Ladderball 1:30 Walking Club 2:30 Pokeno [LG] 3:30 Puzzle Mania 6:00 Card Players	9:55 Daily Review and News [LG] 5 10:00 Senior Workout with weights [LG] 10:30 Finish the Phrase [LG] 1:30 Front Porch Social 2:30 Black Jack Casino [4th] 3:30 Who, What, When [LG] 6:00 Short Stories	9:55 Daily Review and News [LG] 6 10:00 Move to the beat 10:30 TableTalk with Pam [LG] 1:30 Outing-Trip to Dollar Tree 2:00 Jackpot Bingo 3:30 Reminiscing- Graduation Day 6:00 Coloring Pages	9:55 Daily Review and News [LG] 7 10:00 Chair Workout [LG] 10:30 Famous Faces Game [LG] 2:15 Movie Time-The Long Goodbye and Popcorn [LG] 6:00 Jenga	9:55 Daily Review and News [LG] 8 10:00 Chair Yoga [LG] 10:30 Trivia Time with friends 1:15 Reminiscing-That special Day [LG] 2:30 Happy Hour- Pink Drinks [LG] 3:30 Music Hour [LG] 6:00 Activity Packets	9:55 Daily Review and News [LG] 9 10:15 Morningside Cafe 1:15 Bingo 2:15 Outdoor Social [FP] 3:15 Color Contest [LG] 6:00 Write your Pen Pal
	9:55 Daily Review and News [LG] 10 10:00 Catholic Communion [LG] 10:30 Stretch it out Sunday 1:15 Movie and Popcorn Time with friends [SR] 3:30 Sun Fun [LG] 6:00 Word Finds	Columbus Day 11 9:55 Daily Review and News [LG] 10:00 Get Fit Workout 10:30 Columbus day facts [LG] 1:30 Crafting-Making Dream Catchers [LG] 2:30 Pokeno [LG] 3:30 True or False [LG] 6:00 Card Players	9:55 Daily Review and News [LG] 12 10:00 Tone and Stretch 10:30 Health Talk with Neighbors [LG] 1:15 Outing- Ice Cream Bruster's 2:30 Black Jack Casino [4th] 3:30 Game Time [LG] 6:00 Short Stories	Breast Cancer Awareness Day-Wear Pink 13 9:55 Daily Review and News [LG] 10:00 Move to the Music 10:30 Health Talk with Mary-Breast Cancer Signs 1:30 Crafting- Pink Pumpkin making 2:00 Breast Cancer Bingo 3:30 Letter Writing to breast cancer survivors [LG] 6:00 Coloring Pages	9:55 Daily Review and News [LG] 14 10:15 Workout Time [LG] 10:30 Armotherapy and Music 2:15 Netflix and Popcorn 6:00 Word Games	9:55 Daily Review and News [LG] 15 10:00 Chair Yoga 10:30 Deal or no Deal [LG] 1:15 Reminiscing- High School Days [LG] 2:30 Happy Hour- Wine and Cheese [LG] 3:00 Trivia Time 6:00 Activity Packets	9:55 Daily Review and News [LG] 16 10:15 Morningside Cafe 10:45 Basketball [DR] 1:15 Bingo 2:15 Who, What, When [FP] 6:00 Pictionary
	9:55 Daily Review and News [LG] 17 10:00 Catholic Communion [LG] 10:30 Stretch it out Sunday 1:15 Reminiscing - My Favorite Songs [SR] 2:00 Movie Time with Friends 3:30 Sun Fun [LG] 6:00 Word Finds	9:55 Daily Review and News [LG] 18 10:00 Get Fit Workout 10:30 Bean Bag Toss [LG] 1:30 Shopping Trip- Dollar Tree [LG] 2:30 Pokeno [LG] 3:30 Puzzle Mania 6:00 Card Players	9:55 Daily Review and News [LG] 19 10:00 Senior Workout with weights [LG] 10:30 Finish the Phrase [LG] 1:15 Crafting- Scrapbooking 2:00 Card Players- Phase 10 3:30 Word Scramble [LG] 6:00 Short Stories	9:55 Daily Review and News [LG] 20 10:00 Chair Tai Chi [LG] 10:30 Table ball [LG] 11:30 Lunch Outing- Golden Coral [LG] 2:00 Jackpot Bingo 3:30 Word Finds 6:00 Coloring Pages	9:55 Daily Review and News [LG] 21 10:15 Move and Stretch [LG] 10:30 Armotherapy and Music 1:15 Activity planning meeting [LG] 2:15 Netflix and Popcorn 6:00 Jenga	9:55 Daily Review and News [LG] 22 10:00 Chair Yoga [LG] 10:30 Jeopardy 2:00 October Birthday Party with Josh Urban [LR] 6:00 Activity Packets	9:55 Daily Review and News [LG] 23 10:15 Morningside Cafe 10:30 Saturday morning Workout 1:15 Bingo 2:15 Card Players- UNO [FP] 6:00 Pictionary
	9:55 Daily Review and News [LG] 24 10:00 Catholic Communion [LG] 10:30 Stretch it out Sunday 1:15 Movie and Popcorn Time with friends [SR] 3:30 Sun Fun [LG] 6:00 Word Finds	9:55 Daily Review and News [LG] 25 10:00 Get Fit Workout 10:30 Who am I 1:15 Paint and Sip with Friends [LG] 2:30 Pokeno [LG] 6:00 Card Players	9:55 Daily Review and News [LG] 26 10:00 Arm Band Stretches [LG] 10:30 Minute to win it 1:15 Resident Council [LG] 2:30 Black Jack Casino [4th] 6:00 Short Stories	9:55 Daily Review and News [LG] 27 10:00 BOO BINGO-Senior Center Outing [LG] 1:30 Move to the Music 2:00 Jackpot Bingo 3:00 Music Hour 6:00 Coloring Pages	9:55 Daily Review and News [LG] 28 10:15 Workout Time [LG] 10:30 Armotherapy and Music 2:15 Netflix and Popcorn 6:00 Finish the Phrase [LG]	9:55 Daily Review and News [LG] 29 10:00 Chair Yoga 10:30 Deal or no Deal [LG] 2:00 Halloween Parade and Party [LG] 6:00 Activity Packets	9:55 Daily Review and News [LG] 30 10:15 Morningside Cafe 10:45 Basketball [DR] 1:15 BINGO 2:15 Outdoor Social [FP] 6:00 Pictionary