





	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  	 10:00 ☀️ Move to the Beat! 1 10:30 📖 Daily Chronicles/ Current Events 11:00 🌍 May Around the world 1:00 🗣️ Talk Derby To Me 2:00 📖 Finish The Lyric 3:00 🎲 Bingo 6:00 📖 Word Searches/ Puzzles	10:00 ☀️ Move to the Beat! 1 10:30 📖 Daily Chronicles/ Current Events 11:00 🌍 May Around the world 1:00 🗣️ Talk Derby To Me 2:00 📖 Finish The Lyric 3:00 🎲 Bingo 6:00 📖 Word Searches/ Puzzles	National Sun Glasses Day 2 10:00 ☀️ Tone it up Tuesday! 11:30 🍷 Lunch Outing: Chidos-Tex Mex Grill 1:00 ☀️ Afternoon Strolls 2:00 📖 Scrabble & Word Games 3:00 🕶️ Sunglasses & Selfies Station 6:00 🎲 Board Games/ Cards	10:00 🪑 Chair Zumba 3 10:30 📖 Wiser Now Wednesday 10:45 ❤️ Manicures (File/Color only) 11:00 🙏 Catholic Communion 1:00 📖 Encore 2:00 📖 Care Packages for Firefighters 3:00 🎤 Karaoke 5:00 🍷 Wine Down Wednesday 6:00 🎲 Puzzle Corner	National Fire Fighters Day 4 9:30 🛒 Shopping Trip: Walmart 10:00 📖 Firefighters Care Packages Drop Off 1:00 ☀️ Dance Fitness w/ Renee 2:00 ❤️ Flower Wreath Making 3:00 🎮 Wii Bowling 5:00 📖 Anagrams 6:00 🎲 Dominoes	Cinco De Mayo 5 10:00 ☀️ Sit & Get Fit 10:30 📖 What Would You Do? 11:00 🗣️ You Be The Judge 1:00 ❤️ Painting Maracas 2:00 🎲 Bingo 3:00 🎉 Cinco De Mayo Party! 6:00 📖 Scrabble	Tall Glass of Water Day 6 10:00 ☀️ Aerobics Class 10:30 ❤️ Sing Your Heart Out 11:00 📖 Stars of Yesterday 1:00 🗣️ Take It Away with the Tuba 2:00 📖 Beverage Bar Social 3:00 ❤️ Movie Matinee w/ popcorn 6:00 📖 Card Sharks
	10:00 🎵 Morning Songs of Inspiration 7 10:30 📺 Televised Sunday Service 1:00 🙏 Worship Service w/ Faith AME Church 2:00 ☕ Coffee Social 3:00 🍰 Sundaes on Sunday 5:00 🎲 Table Games 6:00 🎲 Pitty Pat (Card Games)	National Coconut Cream Pie Day 8 10:00 ☀️ Move to the Beat! 10:30 📖 Daily Chronicles/ Current Events 1:00 ❤️ Making Wind Chimes 2:00 🍰 Coconut Cream Pie Social 3:00 🎲 Bingo 6:00 📖 Word Search	10:00 ☀️ Tone it up Tuesday! 9 10:30 📖 Finish The Phrase 11:00 🗣️ Name That Tune 1:00 🚗 Outing: Scenic Drive around Potomac, MD 2:00 🎲 Puzzle Corner 3:00 🎲 Yahtzee 6:00 🎲 Board Games/ Cards	10:00 🪑 Chair Zumba 10 10:30 📖 Wiser Now Wednesday 10:45 ❤️ Manicures (File/Color only) 11:00 🙏 Catholic Communion 1:00 📖 Encore 2:00 🎮 Goodminton 3:00 🎤 Karaoke 5:00 🍷 Wine Down Wednesday 6:00 🎲 Puzzle Corner	Barista Day 11 9:30 🛒 Shopping Trip: Dollar Tree 10:00 🏃 Cardio Fun Fitness 10:30 🌿 Gardening Group 1:00 ❤️ Tulip Tote Bag Making 2:00 ☕ Latte Social 3:00 🎮 Wii Bowling 5:00 📖 Scrapbooking 6:00 🎲 Dominoes	10:00 ☀️ Fitness Friday's 12 10:30 📖 What Would You Do? 11:00 🗣️ You Be The Judge 1:00 🎲 Ladder Ball 2:00 🎲 Bingo 3:00 📖 Happy Hour w/ Entertainment- "Desiree Jordan" 6:00 📖 Scrabble	Dandelion Day 13 10:30 ☀️ Morning Stretch & Meditation 11:00 🗣️ Stars of Yesterday 1:00 🎤 Live Musical Performances by Gospel Assembly Band 2:00 ❤️ Dandelion Art 3:00 ❤️ Movie Matinee w/ popcorn 6:00 📖 Card Sharks
Happy Birthday Ms. Marie M! 14 Mother's Day Mothers Day 10:00 🎵 Morning Songs of Inspiration 10:30 📺 Televised Sunday Service 11:00 🍷 Mothers Day Lunch 1:00 🌳 Nature Walk 2:00 🙏 Worship Service w/ Laurel Church of Christ 3:00 🎤 Live Performances by Betram 6:00 🎲 Pitty Pat (Card Games)	10:00 ☀️ Move to the Beat! 15 10:30 📖 Daily Chronicles/ Current Events 1:00 ❤️ Song Requests & Reminisce 2:30 🙏 Remembering Ms. Joan McClean 3:00 🎲 Bingo 6:00 📖 Word Searches/ Puzzles	Senior Citizens Appreciation Day 16 10:00 ☀️ Tone it up Tuesday! 10:45 🍷 Picnic at National Harbor 1:00 🎲 Rummikub 2:00 🎲 Scrabble 3:00 🗣️ UNO! 5:00 🚗 A visit from the KONA Ice Truck (Front Porch) 6:00 🎲 Board Games/ Cards	National Cherry Cobbler Day 17 10:00 🪑 Chair Zumba 10:30 📖 Wiser Now Wednesday 10:45 ❤️ Manicures (File/Color only) 11:00 🙏 Catholic Communion 1:00 🎲 Just Bead It! 2:00 📖 Cherry Cobbler Social 3:00 🎤 Karaoke 5:00 🍷 Wine Down Wednesday 6:00 🎲 Puzzle Corner	9:30 🛒 Shopping Trip: Amish Market 18 10:00 ☀️ Cardio Fun Fitness 10:30 🌿 Gardening Group 11:00 🙏 Catholic Mass 1:00 ☀️ Dance Fitness w/ Renee 2:00 🎮 Wii Bowling 3:00 📖 Thirsty Thursday w/ Live Performances by Chyp Davis 5:00 📖 Anagrams 6:00 🎲 Dominoes	10:00 ☀️ Sit & Get Fit 19 10:30 📖 What Would You Do? 11:00 🗣️ You Be The Judge 1:00 ☀️ Toss Across 2:00 🎲 Bingo 3:00 📖 Happy Hour w/ Live Performances by Steve Flynn 6:00 📖 Scrabble	Optical Illusions Day 20 10:00 ☀️ Aerobics Class 10:30 ❤️ Sing Your Heart Out 11:00 📖 Stars of Yesterday 1:00 📖 Scattergories 2:00 📖 Optical Illusions- What Do you see? 3:00 ❤️ Movie Matinee w/ popcorn 6:00 📖 Card Sharks	
Happy Birthday Ms. Cecelia P! 21 10:00 🎵 Morning Songs of Inspiration 10:30 📺 Televised Sunday Service 1:00 ❤️ Chicken Soup For The Soul 2:00 🙏 Worship Service with Touch of Love Church 3:00 ☕ Coffee Social 5:00 🎲 Table Games 6:00 🎲 Pitty Pat (Card Games)	Backyard Games Day 22 10:00 ☀️ Move to the Beat! 10:30 📖 Daily Chronicles/ Current Events 1:00 🗣️ Discuss & Recall 2:00 🎲 Outdoor Games 3:00 🎲 Bingo 6:00 📖 Word Search	10:00 ☀️ Tone it up Tuesday! 23 10:30 📖 Outing: Mike's Restaurant & Crabhouse 1:00 📖 Bird Watching 2:00 📖 Word Searches/ Puzzles 3:00 🎲 Dominoes 6:00 🎲 Board Games/ Cards	10:00 🪑 Chair Zumba 24 10:30 📖 Wiser Now Wednesday 10:45 ❤️ Manicures (File/Color only) 11:00 🙏 Catholic Communion 1:00 📖 Encore 2:00 🎮 Goodminton 3:00 🎤 Karaoke 5:00 🍷 Wine Down Wednesday 6:00 🎲 Puzzle Corner	9:30 🛒 Shopping Trip: Walmart 25 10:00 ☀️ Cardio Fun Fitness 10:30 🌿 Gardening Group 12:00 📖 Food For Thought Meeting 1:00 🙏 In Loving Memory (Support Group) 2:00 📖 Resident Council 3:00 🎮 Wii Bowling 5:00 📖 Scrapbooking 6:00 🎲 Dominoes	10:00 ☀️ Fitness Friday's 26 10:30 📖 What Would You Do? 11:00 🗣️ You Be The Judge 1:00 🎲 Bingo 2:00 📖 Bingo Buyout! 3:00 🎉 Birthday Bash! 6:00 📖 Scrabble	Heat & Sun Day 27 10:30 ☀️ Morning Stretch & Meditation 11:00 🗣️ Stars of Yesterday 1:30 📖 Pet Visits from Fidos For Freedom 3:00 📖 Beat The Heat (Popsicle Social) 6:00 📖 Card Sharks	
Resident Birthdays Rosie C. 5/6 Mary C. 5/7 Carole H. 5/8 Marie M. 5/14 Cecelia P. 5/21 Ernestine G. 5/30	10:00 🎵 Morning Songs of Inspiration 28 10:30 📺 Televised Sunday Service 1:00 🙏 Worship Service w/ Faith AME Church 2:00 ☕ Coffee Social 3:00 🍗 Chicken Soup For The Soul 6:00 🎲 Pitty Pat (Card Games)	Memorial Day Memorial Day 29 10:00 ☀️ Move to the Beat! 10:30 📖 Daily Chronicles/ Current Events 11:00 📖 Memorial Day Lunch 1:00 🗣️ Which War Was It Trivia 2:00 📖 Finish The Lyric 3:00 🎲 Bingo 6:00 📖 Word Searches/ Puzzles	National Manicure Day 30 10:00 ☀️ Tone it up Tuesday! 10:30 🗣️ Cranium Crunches 11:00 🗣️ Star of the Month 1:00 📖 Outing: Nail Salon 2:00 📖 Charades 3:00 📖 Pictionary 6:00 🎲 Board Games/ Cards	National Senior Health & Fitness Day 31 10:00 🪑 Chair Zumba 10:30 📖 Wiser Now Wednesday 10:45 ❤️ Manicures (File/Color only) 11:00 📖 A Trip to Mexico (Themed Lunch) 1:00 📖 Encore 2:00 🏃 Fitness Competition 3:00 🎤 Karaoke 5:00 🍷 Wine Down Wednesday 6:00 🎲 Puzzle Corner	Activities Are Subject To Change		